

**BEFORE THE BEHAVIORAL HEALTH PROFESSIONALS BOARD
OF THE STATE OF IOWA**

IN THE MATTER OF

**Kaitlyn McDonald
240 CT-148 Drive
Killingworth, CT 06418**

RESPONDENT

CASE NO.: 22-0206

**VOLUNTARY SURRENDER OF
LICENSE THROUGH CONSENT
ORDER**

COME NOW the Iowa Board of Behavioral Health Professionals (“Board”) and Kaitlyn McDonald (“Respondent”) and enter into this Voluntary Surrender of License through Consent Order (“Voluntary Surrender”) pursuant to Iowa Code §§ 17A.10(1), 272C.3(4), and 645 IAC 12.1(5).

A. JURISDICTION AND BACKGROUND

1. **Iowa License**. Respondent was issued Iowa mental health counselor license 008396 on September 24, 2019. Respondent’s Iowa mental health counselor license is active and will expire on September 30, 2024.

2. **Jurisdiction**. The Board has jurisdiction in this matter pursuant to Iowa Code § 154D.

B. STATEMENT OF CHARGES

Count I

3. Respondent is charged under 645 IAC 32.2(1)(b) with failure to comply with the current Code of Ethics of the American Counseling Association, specifically Rule B.1.c Respect for Confidentiality.

C. FACTUAL CIRCUMSTANCES

4. On or about the date of January 11, 2021, the Respondent e-mailed an Excel spreadsheet containing patient information to an individual outside her practice with whom she did not have a confidentiality agreement.

D. SETTLEMENT AGREEMENT

5. Without admission of wrongdoing or guilt, the Respondent does not contest the violations alleged in the above-stated statement of charges.

6. Respondent shall have thirty (30) days from the entry of this Consent Order to wind down her practice and transition her patients.

7. The Respondent acknowledges that they have a right to a hearing before the Iowa Board of Behavioral Health Professionals on the merits of the charges. By freely and voluntarily entering into this Voluntary Surrender, the Respondent waives their right to a hearing and all attendant rights, including the right to seek judicial review. This Voluntary Surrender constitutes the final agency order in this contested case pursuant to 645 IAC 12.1(5).

8. The Respondent agrees that the Assistant Attorney General may present this Voluntary Surrender to the Iowa Board of Behavioral Science and may have *ex parte* communications with the Iowa Board of Behavioral Health Professionals while presenting it. The Respondent waives any right of notice of this meeting or any right that the Respondent might have to participate in the discussion of this Voluntary Surrender among the Iowa Board of Behavioral Health Professionals and the Assistant Attorney General.

9. This Voluntary Surrender shall be part of the disciplinary record of the Respondent and shall be considered by the Iowa Board of Behavioral Science in determining the nature and severity of any future disciplinary action to be imposed in the event of any future violations of the laws and rules governing the practice of mental health counseling by the Respondent.

10. The Respondent shall at all future times fully and promptly comply with all pertinent orders of the Board and the statutes and Board rules regulating the practice of mental health counseling. Failure to comply with the terms of this Voluntary Surrender shall be grounds for discipline pursuant to Iowa Code § 272C.3(2)(a) and shall be grounds for further disciplinary action. However, no action may be taken against the Respondent for violations of this Voluntary Surrender without a hearing, or waiver of hearing.

11. This Voluntary Surrender is not binding on the Respondent or the Iowa Board of Behavioral Science until it has been formally approved by a majority of the members of the Iowa Board of Behavioral Health Professionals.

(a) If this Voluntary Surrender is rejected by the Iowa Board of Behavioral Health Professionals it shall be of no force or effect to either party and it shall not be admissible for any purpose in further proceedings in this matter.

(b) If the Iowa board of Behavioral Health Professionals approves this Voluntary Surrender, it shall fully dispose of all issues in this case.

12. Upon acceptance by both the Board and Respondent, this Voluntary Surrender shall be a public record available for inspection and copying in its entirety in accordance with the requirements of Iowa Code § 22.

CONSENT ORDER

IT IS THEREFORE ORDERED:

A. VOLUNTARY SURRENDER: The Respondent voluntarily agrees to surrender her Iowa License 088396 to the Iowa Board of Behavioral Health Professionals as sanction for the above-admitted violation. The effective date of the license surrender shall be one month from the date this Voluntary Surrender is accepted by the Board.

B. LICENSEE REAPPLICATION: Reinstatement of the Respondent's Iowa license shall be governed by Iowa Code § 272C.15, and 645 IAC 31.17. The Respondent specifically acknowledges that pursuant to this agreement, the Respondent shall not be eligible to seek reinstatement of their license for a minimum of one year from the date her license surrender is effective.

WHEREFORE, the terms of this Voluntary Surrender of License through Consent Order is agreed to by the Iowa Board of Behavioral Health Professionals and the Respondent.

FOR THE RESPONDENT:

Voluntarily agreed to and accepted by Kaitlyn McDonald on this 24 day of August, 2024.



By: Kaitlyn McDonald, Respondent

State of Connecticut

County of Middlesex

Signed and sworn to before me on this 24 day of August, 2024, by:

ELIZABETH ZAMARKA
Notary Public, State of Connecticut
My Commission Expires 01/31/2029


Notary Public, State of Connecticut
Printed Name: Elizabeth Zamarka
My Commission Expires: 1/31/29

FOR THE IOWA BOARD OF BEHAVIORAL HEALTH PROFESSIONALS:

Voluntarily agreed to and accepted by the **IOWA BOARD OF BEHAVIORAL HEALTH PROFESSIONALS** on this 24th day of September, 2024.

/s/Aaron Culley, L.I.S.W.

Aaron Culley, Vice Chair
Iowa Board of Behavioral Health Professionals