

BEFORE THE PSYCHOLOGY BOARD OF THE STATE OF IOWA

IN THE MATTER OF ANGELA PERKINS License No. 00995 Certificate No. 00486 RESPONDENT	CASE NOS.: 22-0114, 22-0243, 22-0250. 22-0328, 23-0022 ORDER LIFTING TEMPORARY LICENSE RESTRICTION
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COMES NOW the Iowa Board of Psychology (“Board”) and upon review of Angela Perkins’ (“Respondent”) Application to Lift the Temporary License Restriction (“Application”) the Board finds that the Respondent’s Application is **GRANTED** subject to the following modified terms and conditions.

PROCEDURAL BACKGROUND

On March 9, 2023, the Board filed a Notice of Hearing and Statement of Charges against Respondent. On January 25, 2024, the Board and Respondent mutually agreed to a Settlement Agreement and Final Order (“Settlement Agreement”) in this matter. The terms of the Settlement Agreement indicated the Respondent’s license was temporarily restricted until she completed the following: (a) a report identifying all evaluations completed since January 1, 2021 and demonstrating that they had been completed and sent; (b) a comprehensive fitness for duty examination, including physical and psychological evaluations; (c) a proposed practice plan for Board approval; and (d) appear before the Board. On June 14, 2024, Respondent appeared before the Board with her attorney Christine Conover of Simmons, Perrine, Moyer, Bergman, PLC. Respondent submitted comprehensive physical and psychological evaluations; a proposed practice plan; and a report of all completed evaluations in support of her Application.

FINDINGS OF FACT AND CONCLUSIONS OF LAW

Physical and mental fitness are required of Iowa's psychologists. Resultantly, the Board has the authority to order the physical and or mental fitness evaluation of any of its licensees. *See* Iowa Code § 272C.9(1) (Iowa 2024). Professional "burn-out" and concomitant problems are pervasive across Iowa's mental health professions. Acknowledging these challenges, the Board recognizes the efforts made by Respondent in order for her to return to the profession in a healthful way.

Upon review of the materials submitted by the Respondent and her appearance before the Board, the Iowa Board of Psychology is requiring a tiered approach for Respondent's re-entry into the profession. Based upon the evaluations submitted, the Board hereby Orders Respondent shall return to the profession, pursuant to her previously submitted practice plan, temporarily under the supervision of a licensed psychologist. Additionally, Respondent shall begin seeing patients on a part-time basis with a maximum workload of twenty (20) hours a week. After a ninety-day period, Respondent shall submit (a) a report to the Iowa Board of Behavioral Health Professionals¹ documenting full completion of all patient evaluations for this interim time period; (b) updates from her medical providers; and (c) a report from her temporary supervising psychologist. Should Respondent's supervising psychologist believe it is appropriate; Respondent may increase her workload as outlined below.

FINAL ORDER

IT IS THEREFORE ORDERED,

A) Respondent shall return to the profession on a limited, part-time basis under the

¹ Effective July 1, 2024, the licensing boards representing Iowa's mental health professions were combined into a single board.

supervision of a licensed psychologist as outlined in her practice plan;

B) Respondent shall maintain a workload of a maximum of twenty hours a week, including both patient care and the required reporting and documentation;

C) After a ninety-day period, Respondent shall provide the Board with the following:

- i.** A report to the Iowa Board of Behavioral Health Professionals documenting full completion of all patient evaluations for this interim time period;
- ii.** Updates from her medical providers; and
- iii.** A report from her supervising psychologist.

D) After those submissions have been made, and upon approval of her supervising psychologist, Respondent may increase her working hours as follows:

- i.** After ninety (90) days from today's date, Respondent can increase her working hours to thirty (30) hours a week; and
- ii.** After one hundred and twenty (120) days from today's date, Respondent can increase her working hours to forty (40) hours a week.

E) Upon return to full time practice, Respondent shall abide by the terms of probation as set forth in the Settlement Agreement of January 25, 2024.

Dated this 24th day of September, 2024.

/s/ Aaron Culley
Aaron Culley, L.I.S.W.
Vice Chair, Iowa Board of Health Professions